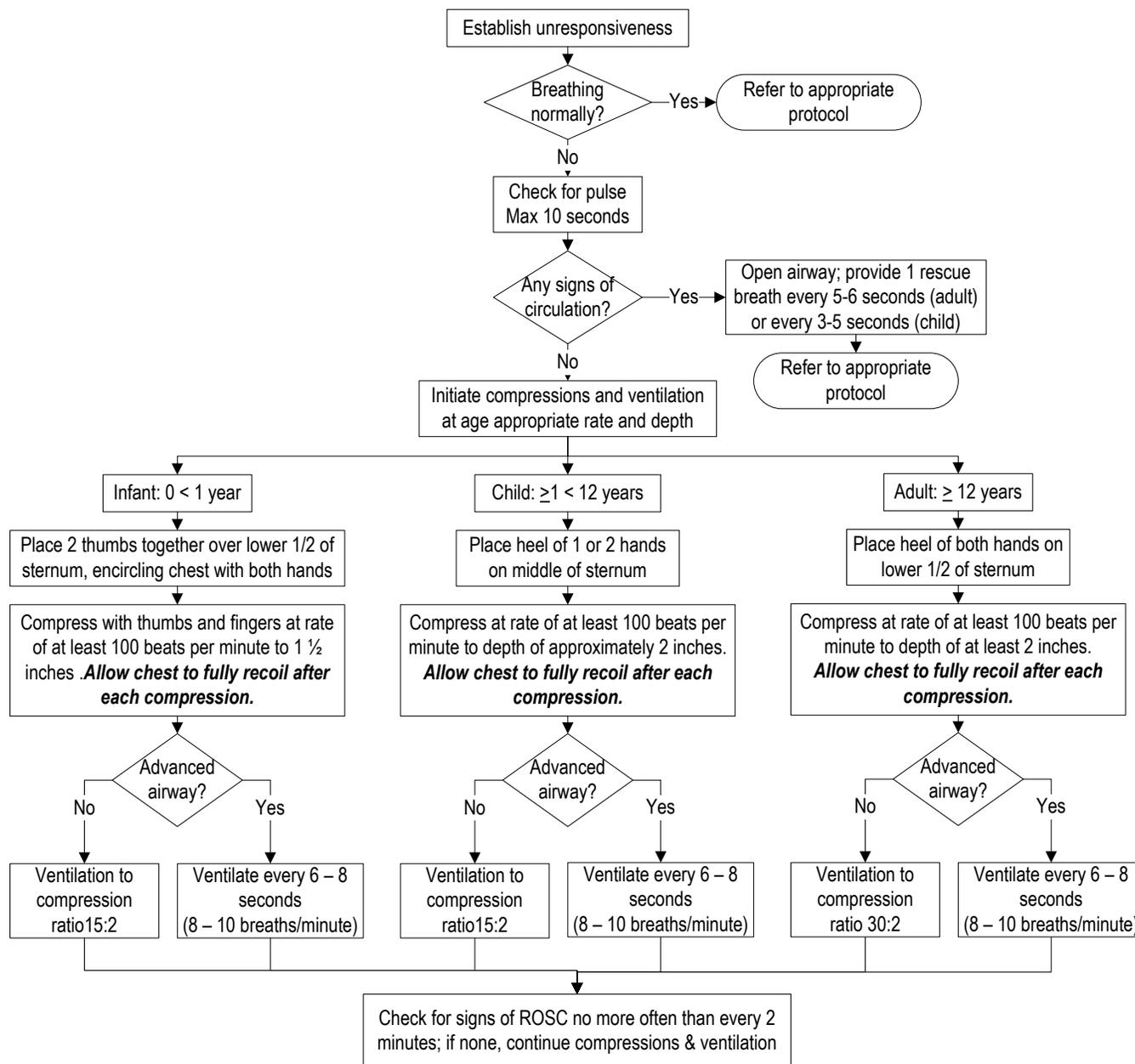


Purpose: To attempt to establish return of spontaneous circulation and respiration in a patient in cardiorespiratory arrest.		Indications: Patient is in cardiorespiratory arrest.	
Advantages: Provides circulation and respiration during cardiorespiratory arrest	Disadvantages: None	Complications: Possible chest trauma	Contraindications: Patient has pulse and respiration Patient meets any of the following criteria: valid DNR or POLST order, decapitation, rigor mortis, extreme dependent lividity, tissue decomposition, or fire victim with full thickness burns to 90% or greater body surface area



NOTES:

- The rescuer performing chest compressions should switch at least every 2 minutes.
- All ventilations should be 1 second in duration.
- When an advanced airway is in place, continue compressions non-stop **without** pausing for ventilation.
- Chest compressions should be done as follows: **push hard and fast, releasing completely.**